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Effect of FemaPause cream Treatment on Quality of Life and Menopausal Symptoms

Group of patients: 54 menopausal women; age 47 - 65

The investigation was performed before and after 4 weeks of FemaPause cream treatment.

Each woman was control to herself before and after.

The Quality of Life was assessed by use of Women's Health Questionnaire 37

Intensity of menopausal symptoms was assessed by use of Menopausal Rating Scale

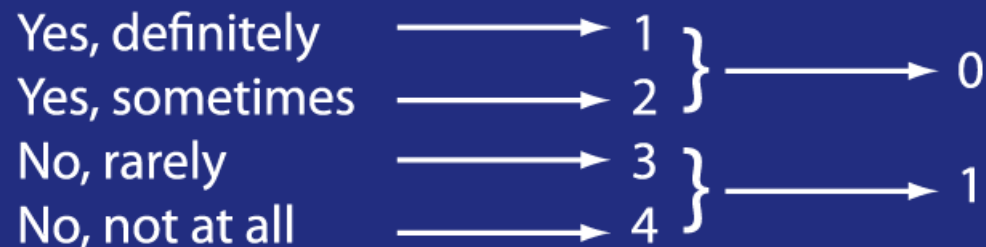
Women's Health Questionnaire

37 items

acc. to prof. Myra Hunter, University College of London, UK

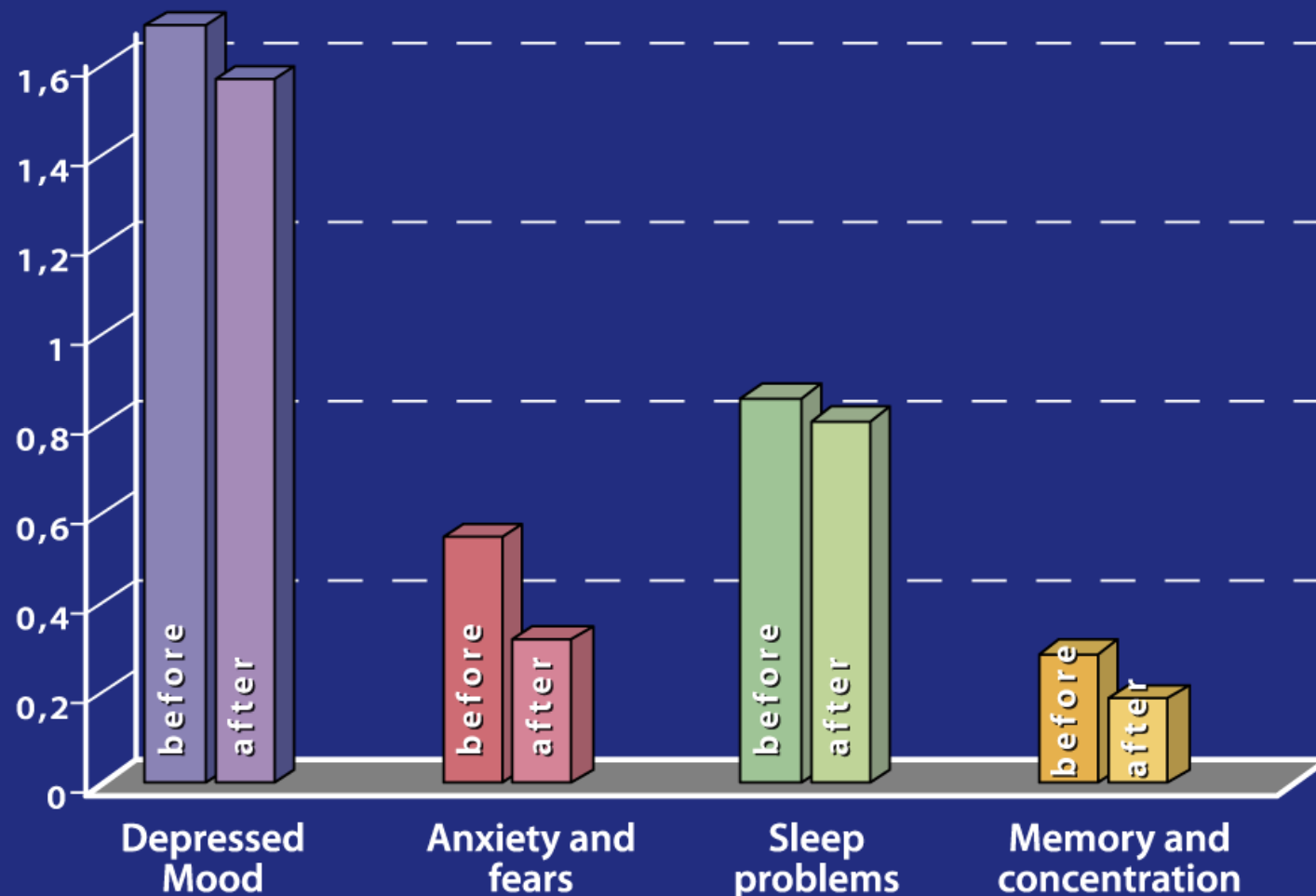
6 Groups of items: depressed mood (7), somatic symptoms (7), memory/concentration (3), vasomotor symptoms (2), anxiety/fears (4), sexual behaviour (3), sleep problems (3), menstrual symptoms (4), attractiveness (2)

4 response options; values 1 to 4 transformed to binary option 0 / 1



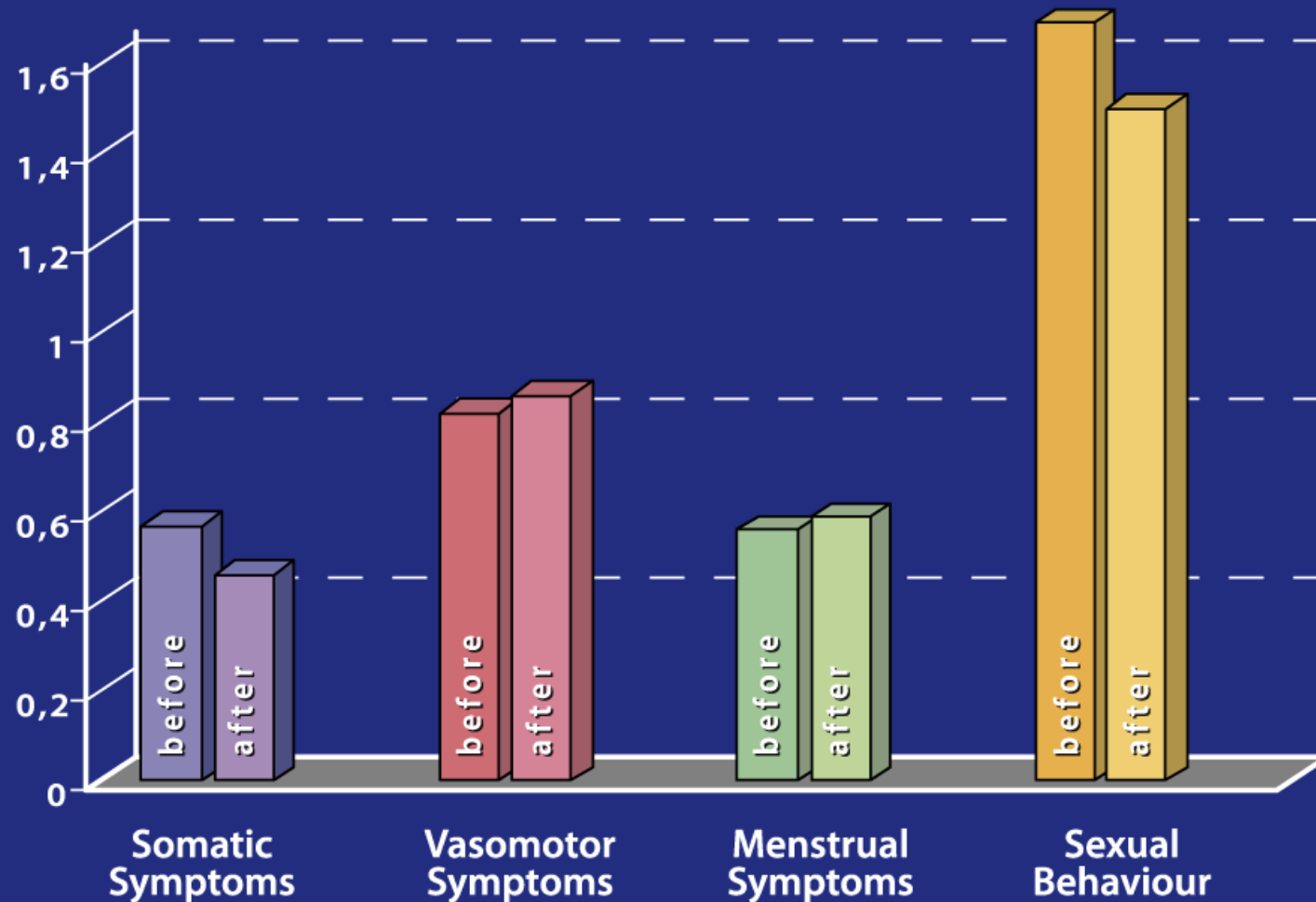
Scores therefore vary between 0 and 1, where
0 is an indicator of »**good health status**« and
1 is an indicator of »**poor health status**«

Effect of FemaPause cream Treatment on Quality of Life of Menopausal Women



Women's Health Questionnaire 37

Effect of FemaPause cream Treatment on Quality of Life of Menopausal Women



Women's Health Questionnaire 37

Menopausal Rating Scale

acc. to Prof. Hermann Schneider, Muenster University, Germany

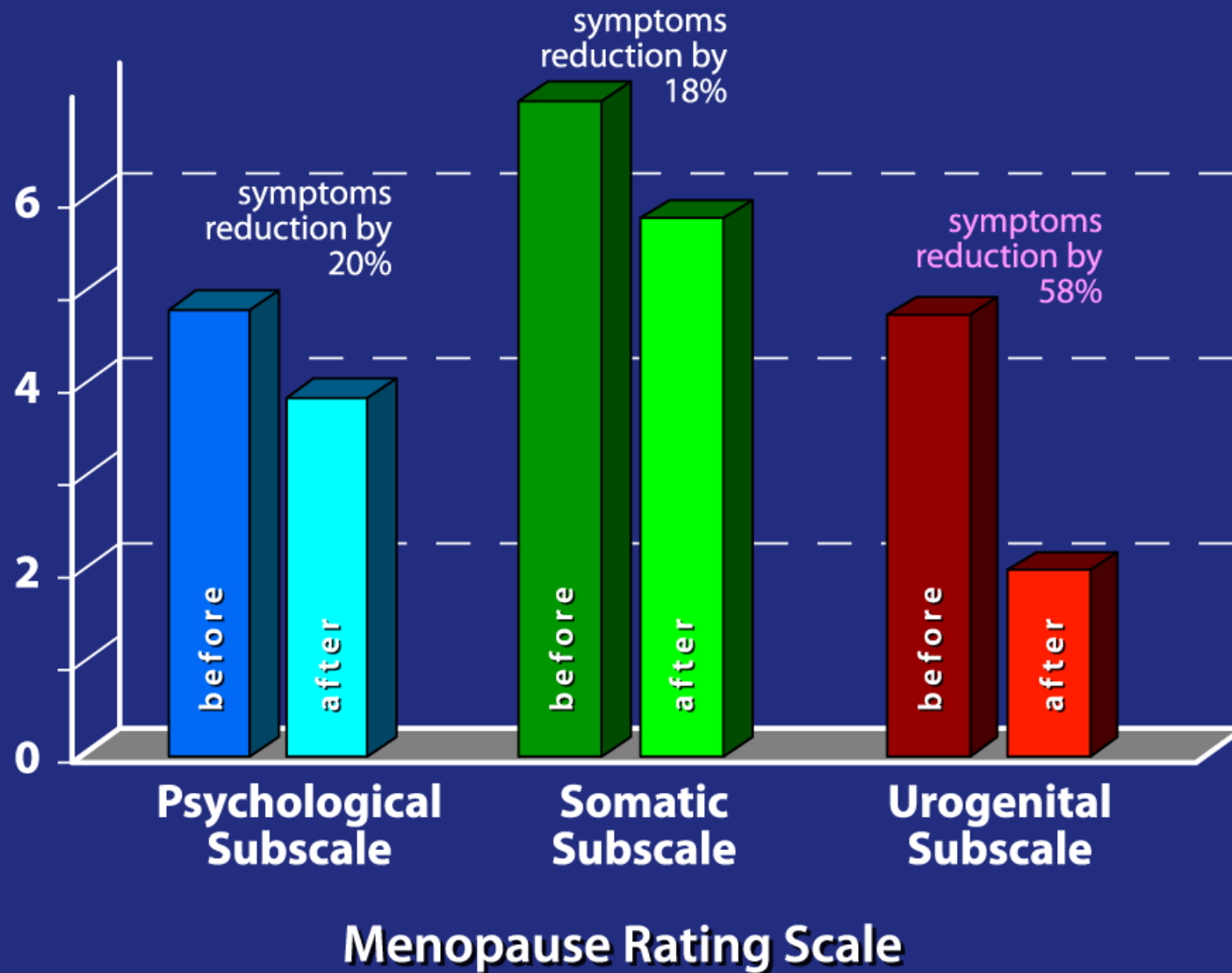
**Intensity of menopausal symptoms was assessed
by use of Menopausal Rating Scale**

**11 item divided into 3 subscales:
psychological, somatic and urogenital**

Severity of symptoms in five degree scale:

- 0 - none
- 1 - light
- 2 - moderate
- 3 - severe
- 5 - very severe

Effect of FemaPause cream Treatment on Menopausal Symptoms



Effect of FemaPause cream Treatment on Quality of Life and Menopausal Symptoms

Conclusions:

- 1. Administration of FemaPause cream effectively reduces menopausal symptoms in particular urogenital symptoms (vaginal dryness and sexual intercourse comfort).**
- 2. The overall Quality of Life has shown improvement tendency; however it requires longer period of treatment.**
- 3. Administration of FemaPause cream was simple, easy and well tolerated by all patients.**